



Direct Instruction

Positive Behavioral Supports and Interventions

Behavioral Interventions

Behavioral interventions aim to increase the likelihood of desirable behaviors and decrease the likelihood of undesirable behaviors. Positive Behavioral Supports and Interventions are used to model, teach, and reinforce positive behavior in all students. The most effective and humane way to reduce undesirable behavior is by developing, strengthening, and generalizing desirable behavior to replace undesirable behavior. In some situations, students may need additional interventions and support to learn, practice, and demonstrate desirable behaviors. More restrictive behavioral interventions should be temporary and approached with utmost caution. Proactive strategies should always be used, even when more restrictive interventions are implemented. The use of restrictive interventions should be based on assessment, planning, supervision, evaluation, documentation, and protective measures. The use of restrictive interventions should maintain respect for the student's dignity and personal privacy and remain consistent with the educational goals of enhancing the student's academic, behavioral, social, and emotional growth.

It is important to note that the specific interventions used should be tailored to the individual student's needs and preferences. Regular assessment, collaboration with relevant professionals, and ongoing observation of the student's response to the interventions are crucial for determining their effectiveness and making necessary adjustments.

Positive Behavioral Supports and Interventions are prevention strategies and are preferred because of the low risk of negative side effects, and the high priority placed on teaching behavior opposed to managing and controlling behavior. They may be used without the development of a written behavioral intervention plan and without documentation in the individualized education program (IEP). Examples of these interventions include:

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| Direct Instruction | Is an instructional and explicit teaching method that includes an introduction or rationale, a mini lesson on the specific skill, guided practice, observed independent practice with immediate feedback provided as needed, and a summarization of what was learned. |
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| <p><i>Examples of Direct Instruction:</i></p> <p>Teacher sits at a small table with 3 students teaching the letter /D/ sound. The teacher demonstrates sounds and students repeat the sound. The teacher then shows the activity, and watches students perform activity while providing feedback as needed.</p> <p>Teacher teaches students a SEL lesson on goal setting. The teacher demonstrates setting a short-term goal and how to plan to achieve it. The teacher demonstrates how to analyze the success of setting the goal and to apply strategies to overcome obstacles to goal achievement. The teacher observes the students perform the goal setting activity while providing feedback as needed.</p> | |