



Restorative Conferencing

Positive Behavioral Supports and Interventions

Behavioral Interventions

Behavioral interventions aim to increase the likelihood of desirable behaviors and decrease the likelihood of undesirable behaviors. Positive Behavioral Supports and Interventions are used to model, teach, and reinforce positive behavior in all students. The most effective and humane way to reduce undesirable behavior is by developing, strengthening, and generalizing desirable behavior to replace undesirable behavior. In some situations, students may need additional interventions and support to learn, practice, and demonstrate desirable behaviors. More restrictive behavioral interventions should be temporary and approached with utmost caution. Proactive strategies should always be used, even when more restrictive interventions are implemented. The use of restrictive interventions should be based on assessment, planning, supervision, evaluation, documentation, and protective measures. The use of restrictive interventions should maintain respect for the student's dignity and personal privacy and remain consistent with the educational goals of enhancing the student's academic, behavioral, social, and emotional growth.

It is important to note that the specific interventions used should be tailored to the individual student's needs and preferences. Regular assessment, collaboration with relevant professionals, and ongoing observation of the student's response to the interventions are crucial for determining their effectiveness and making necessary adjustments.

Positive Behavioral Supports and Interventions are prevention strategies and are preferred because of the low risk of negative side effects, and the high priority placed on teaching behavior opposed to managing and controlling behavior. They may be used without the development of a written behavioral intervention plan and without documentation in the individualized education program (IEP). Examples of these interventions include:

Restorative Conferencing

Restorative conferences are a structured process that brings together individuals who have been directly affected by a harmful incident or conflict, along with relevant stakeholders, to engage in open dialogue, understanding, and healing. The purpose of a restorative conference is to address



	<p>the harm caused, repair relationships, and find resolutions that meet the needs of all parties involved.</p> <p>In a restorative conference, participants sit in a circle or around a table to create an environment of equality and respect. The 5 restorative questions, also known as the Restorative Justice Questions or Restorative Circles Questions, are a set of guiding questions used in restorative practices to facilitate dialogue, understanding, and resolution. These questions help individuals involved in a harmful incident or conflict to reflect on their actions, consider the impact on others, and explore ways to repair relationships. The questions typically include:</p> <p>What happened? This question encourages individuals to share their perspectives on the incident, providing an opportunity for each person involved to express their version of events. It helps to establish a common understanding of what took place.</p> <p>What were you thinking at the time? This question invites individuals to reflect on their thoughts, emotions, and motivations during the incident. It encourages self-reflection and helps participants gain insight into their own mindset and decision-making process.</p> <p>What have you thought about since then? Here, individuals are encouraged to consider the consequences of their actions and the impact they have had on others. It promotes accountability and prompts individuals to reflect on their behavior and any changes in their understanding or perspective since the incident.</p> <p>Who has been affected by what happened? This question encourages individuals to consider the broader impact of their actions on others involved, as well as on the wider community. It helps individuals</p>
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	<p>develop empathy and understanding for the experiences and feelings of those affected.</p> <p>What needs to be done to make things right? The final question focuses on finding ways to repair the harm caused and restore relationships. Participants are encouraged to generate ideas and agree on concrete actions or resolutions that can address the needs of everyone involved. This question emphasizes the importance of taking responsibility, making amends, and working towards reconciliation.</p> <p>These questions serve as a framework for meaningful dialogue and reflection in restorative practices. They create a safe and supportive environment for individuals to share their experiences, listen to others, and actively participate in the process of resolution and healing.</p>
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